



UTAH DEPARTMENT OF  
**HEALTH**

Healthy Living Through Environment  
Policy and Improved Clinical Care (EPICC)



# Medicare Reimbursement January 2018

*What can you do **now** to get ready?*

# Objectives

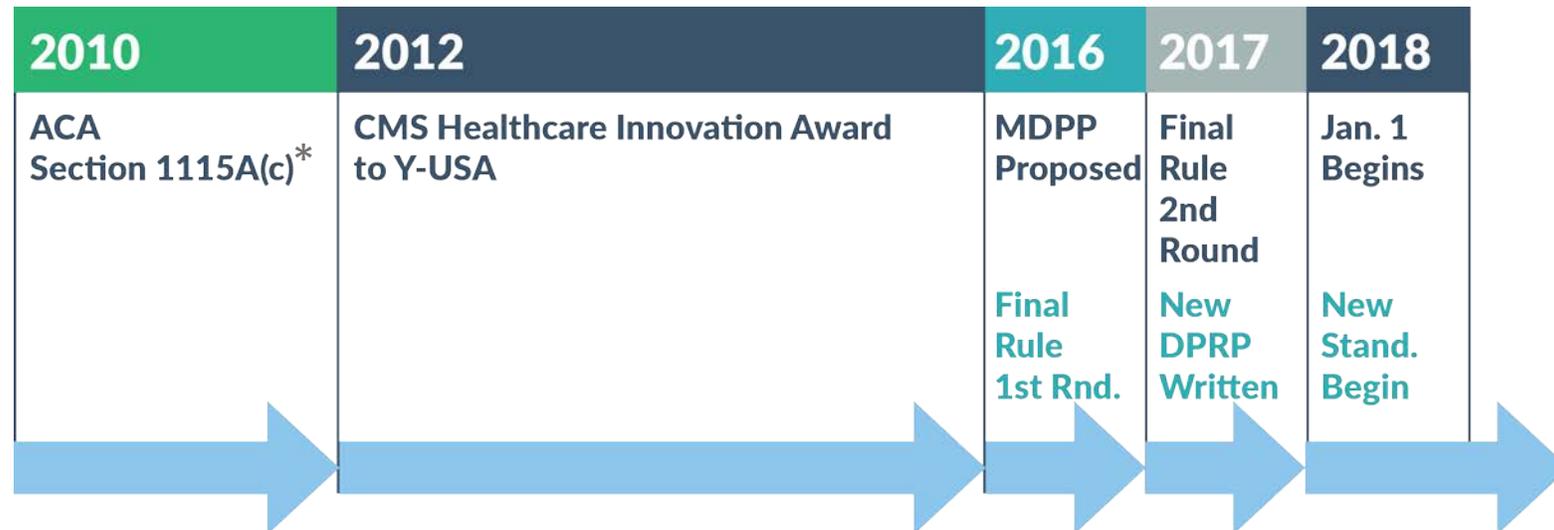


1. Understand the MDPP Benefit
2. Review the Payment Model
3. Overview of Eligibility Criteria
4. Find out what you can do now to get ready!

# Background of MDPP



## Timeline



\*Section 1115A(c) of the Social Security Act established the Center for Medicare and Medicaid Innovation (CMMI) to test innovative payment techniques for service delivery models

# MDPP Economic Impact



## Cost Savings

- Over the course of 15-months, Medicare-eligible individuals who participated in the Y-DPP avoided **\$2,650** in healthcare costs!
- Average annual cost of **\$500** per participant for the National DPP (MDPP).

### Sources:

1. [www.cdc.gov/diabetes/prevention/employers-insurers/manage\\_costs.html](http://www.cdc.gov/diabetes/prevention/employers-insurers/manage_costs.html)
2. [www.cms.gov/Research-Statistics-Data-and-Systems/Research/ActuarialStudies/Downloads/Diabetes-Prevention-Certification-2016-03-14.pdf](http://www.cms.gov/Research-Statistics-Data-and-Systems/Research/ActuarialStudies/Downloads/Diabetes-Prevention-Certification-2016-03-14.pdf)

# Details of MDPP Benefit



## MDPP Benefit:

- **Core benefit** is 12 consecutive months
  - *Core sessions* = at least **16 weekly core sessions** over months 1 – 6
  - *Core maintenance sessions* = at least **six monthly core maintenance sessions** over months 6 – 12  
Offered regardless of weight loss
- **Maintenance Sessions** after 12 months are over
- CDC-approved core curriculum
- Session duration requirement approximately one hour



# Details of MDPP Benefit (cont.)



## Maintenance Sessions:

Ongoing maintenance sessions offered monthly after the core benefit **IF** participant achieves and maintain the required minimum weight loss of five percent (5%)

- “Maintenance of weight loss” – achieving the required minimum weight loss (5%) from baseline weight at any point during each 3 months of core maintenance or ongoing maintenance sessions
- “Maintenance session bundle” – each 3-month interval of core maintenance or ongoing maintenance sessions

# Proposed Payment Model



	Payment per beneficiary (Non-cumulative)
<b>Core Sessions</b>	
1 session attended	\$25
4 sessions attended	\$50
9 sessions attended	\$100
Achievement of minimum weight loss of 5% from baseline weight	\$160
Achievement of advanced weight loss of 9% from baseline weight	\$25 (in addition to \$160 above)
Maximum Total for Core sessions	\$360
<b>Maintenance Sessions (Maximum of 6 monthly sessions over 6 months in Year 1)</b>	
3 Maintenance sessions attended ( <del>with maintenance of minimum required weight loss from baseline</del> )	\$45
6 Maintenance sessions attended ( <del>with maintenance of minimum required weight loss from baseline</del> )	\$45
Maximum Total for Maintenance sessions	\$90
Maximum Total for first year	\$450
<b>Maintenance Sessions After Year 1 (minimum of 3 sessions attended per quarter/no max.)</b>	
3 Maintenance sessions attended plus maintenance of minimum required weight loss from baseline	\$45
6 Maintenance sessions attended plus maintenance of minimum required weight loss from baseline	\$45
9 Maintenance sessions attended plus maintenance of minimum required weight loss from baseline	\$45
12 Maintenance sessions attended plus maintenance of minimum required weight loss from baseline	\$45
Maximum Total After First Year	\$180

Source: [www.federalregister.gov/documents/2016/11/15/2016-26668/medicare-program-revisions-to-payment-policies-under-the-physician-fee-schedule-and-other-revisions](http://www.federalregister.gov/documents/2016/11/15/2016-26668/medicare-program-revisions-to-payment-policies-under-the-physician-fee-schedule-and-other-revisions)

# MDPP Eligibility



## Eligibility Criteria:

- Enrolled in **Medicare Part B**
- BMI of **at least 25** or **at least 23** if self-identified as Asian
- Have, within the **12 months prior** to attending the first core session:
  - HgbA1c test with a value between 5.7 and 6.4 or
  - Fasting plasma glucose of 110 – 125 mg/dL or
  - 2-hour post-glucose challenge of 140-199 mg/dL
- No previous diagnosis of **type 1** or **type 2** with the exception of gestational diabetes (GDM)
- Do not have **end-stage renal disease** (ESRD)
- **No previous receipt** of MDPP services\*

*\*Beneficiaries who meet the eligibility criteria would only be able to receive MDPP services once in their lifetime*

# MDPP Supplier Criteria



## Who can enroll as an MDPP Supplier?

- An organization with *preliminary* or *full recognition* from CDC's DPRP
- Existing Medicare suppliers enroll separately as MDPP suppliers
  - Fee of **\$500** is required for all suppliers of MDPP

## Enrollment regulations

- Details are shared on the [www.livingwell.Utah.gov/ndpp](http://www.livingwell.Utah.gov/ndpp) site
- All providers must obtain an National Provider Identifier (NPI)
  - All coaches will need an NPI
  - Coaches can't apply to be an MDPP supplier on their own

# What Can You Do Now?



## Before January 2018:

- Partner with your local health department
- Understand **enrollment** regulations
- Understand **High Categorical Risk screening**
- Understand the **application process** to enroll in Medicare - PECOS
- Download free software to **submit claims** – PC-ACE Pro32
- Review process for obtaining a **National Provider Identifier (NPI)**
- Continue to work toward **obtaining full-recognition** from the CDC's DPRP
- Work with **provider groups** to encourage Medicare beneficiary referrals with blood-based values
- Watch for the next **final rule** (*round 2*) Summer 2017 and **new DPRP Standards** Jan. 2018

# Conclusion



## Reach out for support and assistance:

- Local Health Department National DPP lead(s)
- Utah Department of Health, Celsa Bowman, [cbowman@utah.gov](mailto:cbowman@utah.gov)
- Diabetes Prevention Recognition Program (DPRP), [dprpAsk@cdc.gov](mailto:dprpAsk@cdc.gov)
- Visit [www.livingwell.utah.gov/ndpp](http://www.livingwell.utah.gov/ndpp) for updates and information

**CMS intends for organizations to be able to apply to enroll as MDPP suppliers at the conclusion of the next round of rulemaking. (Summer 2017)**