

Alzheimer's and Related Dementias Program



UTAH DEPARTMENT OF
HEALTH
www.livingwell.utah.gov

PROGRAM DESCRIPTION

The Alzheimer's and Related Dementias Program provides educational resources for patients, caregivers, and health care professionals. The agencies listed below offer a variety of classes for patients, families, caregivers, and health care professionals.

PROGRAM BENEFITS

- Increases knowledge and awareness of signs and symptoms of Alzheimer's and related dementias.
- Resources, home care, support groups, education, and events for caregivers.
- Improves the dignity and quality of life for people with dementia and their families.

RESOURCES & PROGRAMS

- Alzheimer's Association toll-free Helpline 1-800-272-3900 or www.alz.org/utah
- National Institute on Aging-Alzheimer's Disease Education and Referral Center www.nia.gov/Alzheimers
- Local Area Agencies on Aging are charged with the responsibility of providing a comprehensive array of services to, and advocating for, the needs of seniors residing in their areas. www.hsdaas.utah.gov
- Caregiver Support Program assists caregivers with information and assistance, free classes, conferences and events, support groups, consultations, and limited respite services. Call 385-468-3280 for more information.
- For a list of support groups visit www.alz.org/crf, choose Alzheimer's Association Programs and Events, click on Support Groups, and search by your location. Or call 800.272.3900. You will find both caregiver support groups as well as groups for those in the early stage of Alzheimer's, dementia, or Mild Cognitive Impairment.
- The Alzheimer's Association provides in-person workshops and online programs to help caregivers gain knowledge about the disease process and caregiving techniques. For a list of available programs visit www.alz.org/utah and click on Education or call 800.272.3900.
- The Alzheimer's Association TrialMatch is a free, easy-to-use clinical studies matching service that connects individuals with Alzheimer's, caregivers, healthy volunteers and physicians with current studies.
www.alz.org/research/clinical_trials/find_clinical_trials_trialmatch.asp

FOR MORE INFORMATION ON THIS PROGRAM

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SOURCES

1. 2016 Alzheimer's Disease Facts and Figures
2. The Healthy Brain Initiative, 2013-2018

WHY IS THIS IMPORTANT?

- Researchers believe that early detection will be key to preventing, slowing, and stopping Alzheimer's disease.
- Active management of Alzheimer's and other dementias can improve quality of life through all stages of the disease for individuals with dementia and their caregivers.
- 75% of adults report not being knowledgeable about the disease¹.
- Only 19% of people aged 60 and older who reported worsening confusion or memory loss have discussed their symptoms with a healthcare provider².

INFORMATION

www.livingwell.utah.gov
livingwell@utah.gov
1-888-222-2542