

Clinic Agreement Form

Utah Department of Health

Bureau of Health Promotion



Utah Healthy Communities

Public health enhances the quality of life in Utah by supporting healthy living in your community. It touches everyone in your community – from the minute you're born, throughout your entire life. Take a closer look at what public health programs are available in your community to make your life better.

Goal of community health programs

These programs aim to reduce and prevent illness and death through healthy lifestyles and self-management.

CONTACT

FAX:

1-801-323-1577

livingwell@utah.gov

1-888-222-2542

INTRODUCTION

The Utah Department of Health Bureau of Health Promotion (UDOH BHP) is a public health program that connects communities with prevention and education services through a central referral service called The Health Resource Center (HRC).

HEALTH RESOURCE CENTER (HRC)

Any enrolled Healthcare provider may use the HRC to refer a patient for services. Providers, with patient consent, may refer a patient for service by sending a secure fax to **(801) 323-1577** or calling the Health Resource Center at **1-888-222-2542**. A standardized fax referral form can be downloaded at **www.livingwell.utah.gov**. UDOH BHP collects the minimum information necessary to refer a patient including first and last name, phone number, and the referral course requested. Once the patient is successfully referred and enrolled for the requested service, their information submitted to the HRC as part of the referral is shredded. No patient referral information is stored by UDOH BHP.

Program Name	Description
Alzheimer's Helpline	<i>24-hour helpline for those with Alzheimer's, caregivers, and health care professionals. Available at 1-800-272-3900.</i>
Arthritis Foundation Exercise Program	<i>An exercise program for adults with arthritis. Includes health education, exercise for any fitness level, and relaxation techniques.</i>
EnhanceFitness	<i>Helps adults with Arthritis adopt and maintain an exercise routine. All exercises can be done sitting or standing.</i>
Asthma Home Visiting Program	<i>Provides 3 in-home visits focused on asthma management and reducing triggers in the home. Offered only in Salt Lake and Utah Counties.</i>
BeWise	<i>Offers cardiovascular screening and health coaching. Provides educational resources and support tools to assist women in setting and achieving health goals.</i>
Breast & Cervical Cancer Screening	<i>Provides breast and cervical cancer screening to women ages 40-64 who live at or below 250% of the Federal Poverty Level.</i>
Diabetes Self-Management Education	<i>Provides quality diabetes education to enhance engagement with positive self-management and improve quality of life.</i>
Living Well with Chronic Conditions	<i>Empowers adults with one or more chronic conditions to take control of their own health. Topics taught include: exercise, diet, communicating with healthcare providers, and stress management.</i>
Living Well with Diabetes	<i>Empowers adults with diabetes to take control of their health through self-management techniques with a focus on diabetes.</i>
National Diabetes Prevention Program	<i>Offers group-based education on healthy diet and exercise to help adults at high risk for Type 2 Diabetes adopt healthy lifestyles.</i>
Tobacco Quit Line	<i>1.800.QUIT.NOW Telephone line that helps tobacco users to quit.</i>
Stepping On	<i>A multi-faceted fall prevention program that addresses medication, visual impairments, strength, balance, and the home environment.</i>
Walk With Ease	<i>Teaches participants how to safely start and maintain a regular walking routine to decrease pain and increase overall mobility.</i>

